

# Sunday 19<sup>th</sup> May



## STRONG WALK

### WALK 1 – LOCHNAGAR via THE STUIC (MUNRO)

We approach the iconic Lochnagar from a new direction by starting at Keiloch and walking up to the stunning Garb alt Falls waterfall and bridge. We then continue up the path following the Feindallacher burn to the slopes of Carn an Sagairt Mor. Here the path intercepts the path from Loch Callater and we continue on to ascend Cac Carn Beag. We return by taking the Glas Alt burn track, past another waterfall, to Loch Muick and back to our transport at the Spittal of Muick.

Terrain: Strong fitness and ability to cope with rough steep ground is necessary.

- Depart from Green Hut Ballater at 8am - BUS
- Distance 25k
- Approx Walking Time 8 hrs.
- Ascent 1055m.
- Landranger 43, 44

## MEDIUM WALK

### WALK 2 – KEILOCH- QUOICH-BRAEMAR

Starting at the Keiloch car park, we follow the River Dee, with fantastic views up the valley until we reach the Linn of Quoich. The Quoich ravine plays home to a remarkable natural feature in the form of a large, bowl shaped cavity next to a narrow waterfall. A perfect lunch spot. We then descend into the grounds of Mar Lodge, before crossing the Victoria Bridge. There is a short walk along the main road before entering the forest for a lovely walk into Braemar, with spectacular views of the village and the Cairngorm mountains.

- Depart from Green Hut Ballater at 9am - BUS
- Distance 18km
- Approx Walking Time 6 hrs.
- Ascent 200m.
- Landranger 43

## EASY WALK

### WALK 3 – LINN OF DEE- MAR LODGE- QUIOCH

From the Linn of Dee car park, we head up to see the waterfalls and outstanding scenery of the Lui Water. We then continue along the Dee Valley to Mar Lodge, a sporting Lodge built for The Duke of Fife in 1895 now managed by the Scottish National Trust. Here the Royal family hold their annual Christmas Ceilidh in the Stag Ballroom. We venture on through the Mar Lodge estate, enjoying beautiful views along the Dee valley towards Braemar. Finally we head up to the Quoich Water and Linn of Quoich ravine, home to the Punch Bowl, a remarkable natural feature in the form of a large, bowl-shaped cavity next to a narrow waterfall.

- Depart from Green Hut Ballater at 10am - BUS
- Distance 10km
- Approx Walking Time 3-4hrs.
- Ascent 194m.
- Landranger 43